

Personal clothing and equipment and maps

As a minimum you should carry:

Equipment

- Suitable boots, warm and wet weather clothing (change of clothing in your transport at the finish point)
- Day sack
- Fully charged mobile phone (download a compass and //What3Words apps as a minimum)
- Personal first aid kit, medications and toilet paper
- COVID equipment appropriate to the extent regulations
- Next of kin contact details

Food & Drink

- Packed lunch, there is no opportunity to buy food on-route on Days 1, 2 and 3. Day 4 the route through Larkhill Garrison may provide an opportunity to purchase food. On Day 5 we will be finished by 13.00 and will provide some refreshments
- Drinking water for 6 hours, we will only be able to provide a limited resupply at designated points along the route

Route Card

- To be issued to all at the daily Start Point

Maps, if you wish to purchase

- OS Explorer Sheet 143 Warminster & Trowbridge 1:25,000 dated Sep 2015 OS (Day 1, 2, 4 and 5)
- OS Explorer Sheet 130 Salisbury & Stonehenge 1:25,000 dated Sep 2015 (Day 1, 2, 3 and 4)
- OS Explorer Sheet 131 North Tidworth, Andover, Stockbridge and Romsey 1:25,000 dated Sep 2015 (Day 3 and 4)